

Sideline Guidelines

Assumptions: 1. You want your child to have fun while participating in a physically healthy activity.
2. You would also like the activity to be mentally healthy for your child.

Criteria: 1. The player participates
2. You observe

Theory: The less you yell, the healthier the experience, for both you and the players.

Youth basketball: Players spend more time learning the game than parents do, and

Only: The coach, hopefully, spends more time on preparation therefore,

Understanding: Of what should happen during a game is highest with the coach, second with the players, and third with the parents; therefore

Relax: This is our team word. Parents enjoy watching their players play.

Aplaud: Reinforce good play and hard work, but don't tell the kids what to do while they are playing.

Go: To every game. Your kids need you. They need your love, your presence, your appreciation of their efforts. They don't need you to yell at them to "shoot!" or "huddle" or "get your hands up". They'll do it on their own.

Evolve: The kids will evolve into fantastic adults. With their blessing, so will we

**It's About
TEAM!**